

The Eighth Degree of Humility

by St. Benedict of Nursia

St. Benedict emphasizes the significance of humility through adherence to communal rules and the wisdom of elders.

Scripture: Proverbs 3:5, Philippians 2:3, Hebrews 13:7, James 4:10

Topics: "Monastic Life", "Christian Humility"

Description

St. Benedict of Nursia emphasizes the importance of humility in a monk's life, highlighting the eighth degree of humility which involves following the common Rule of the monastery and the example set by the elders. This degree of humility requires monks to seek guidance and direction from established traditions and wise mentors, rather than relying solely on their own understanding or desires.

Transcript

The eighth degree of humility
is that a monk do nothing except what is commended
by the common Rule of the monastery
and the example of the elders.

Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/the-eighth-degree-of-humility/>

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