

# Let the Brethren Who Are Sent on a Journey

by St. Benedict of Nursia

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*St. Benedict emphasizes the importance of prayer, obedience, and humility in the lives of monks, especially when traveling or returning to the monastery.*

**Scripture:** Proverbs 4:23, Ephesians 4:29, 1 Thessalonians 5:25, Hebrews 13:17, James 5:16

**Topics:** "Monastic Life", "Christian Discipline"

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## Description

St. Benedict of Nursia emphasizes the importance of seeking prayers and support from fellow brethren before embarking on a journey, as well as the need for humility and repentance upon returning, acknowledging any faults or temptations encountered. He also stresses the significance of guarding one's speech and actions, especially when outside the monastery, to avoid causing harm or distractions. Disobedience to the Abbot's orders is met with punishment, highlighting the discipline and obedience required within the monastery.

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## Transcript

Let the brethren who are sent on a journey  
commend themselves  
to the prayers of all the brethren and of the Abbot;  
and always at the last prayer of the Work of God  
let a commemoration be made of all absent brethren.  
When brethren return from a journey,  
at the end of each canonical Hour of the Work of God  
on the day they return,  
let them lie prostrate on the floor of the oratory  
and beg the prayers of all  
on account of any faults

that may have surprised them on the road,  
through the seeing or hearing of something evil,  
or through idle talk.

And let no one presume to tell another  
whatever he may have seen or heard outside of the monastery,  
because this causes very great harm.

But if anyone presumes to do so,  
let him undergo the punishment of the Rule.

And let him be punished likewise who would presume  
to leave the enclosure of the monastery  
and go anywhere or do anything, however small,  
without an order from the Abbot.

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Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/let-the-brethren-who-are-sent-on-a-journey/>

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