

From Easter Until the Calends of November

by St. Benedict of Nursia

During the period from Easter to the Calends of November, a specific observance of Psalms and lessons is prescribed.

Scripture: Psalm 55:17, Psalm 119:62, Psalm 119:147, Psalm 119:164

Topics: "Prayer Life", "Spiritual Discipline"

Description

St. Benedict of Nursia emphasizes the importance of maintaining a consistent prayer life from Easter until the Calends of November, ensuring that the same number of Psalms are recited as prescribed. During this period, due to the shortness of the nights, lessons are omitted, and instead, one lesson from the Old Testament is recited by heart followed by a short responsory. St. Benedict stresses the significance of reciting at least twelve Psalms at the Night Office, excluding Psalms 3 and 94, to maintain spiritual discipline and devotion.

Transcript

From Easter until the Calends of November let the same number of Psalms be kept as prescribed above; but no lessons are to be read from the book, on account of the shortness of the nights. Instead of those three lessons let one lesson from the Old Testament be said by heart and followed by a short responsory. But all the rest should be done as has been said; that is to say that never fewer than twelve Psalms should be said at the Night Office, not counting Psalm 3 and Psalm 94.

Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/from-easter-until-the-calends-of-november/>

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