

# An Abbess Who Is Worthy to Be Over a Monastery

by St. Benedict of Nursia

---

*An Abbess should live up to her name by embodying the qualities of Christ and guiding her monastery with divine justice.*

**Scripture:** Proverbs 31:26, Matthew 5:19, Romans 8:15, 1 Timothy 4:11

**Topics:** "Christian Leadership", "Spiritual Guidance"

---

## Description

St. Benedict of Nursia emphasizes the importance of an Abbess in a monastery to remember her role as a Superior, reflecting the position of Christ in the monastery. The Abbess is called to uphold divine justice and lead by example, ensuring that her teachings and commands align with the Lord's precepts, serving as a spiritual guide to her disciples.

---

## Transcript

An Abbess who is worthy to be over a monastery

should always remember what she is called,

and live up to the name of Superior.

For she is believed to hold the place of Christ in the monastery,

being called by a name of His,

which is taken from the words of the Apostle:

"You have received a Spirit of adoption ...,

by virtue of which we cry, 'Abba -- Father'" (Rom. 8:15)!

Therefore the Abbess ought not to teach or ordain or command

anything which is against the Lord's precepts;

on the contrary,

her commands and her teaching  
should be a leaven of divine justice  
kneaded into the minds of her disciples.

---

Source: <https://sermonindex.net/speakers/st-benedict-of-nursia/an-abbess-who-is-worthy-to-be-over-a-monastery/>

# *Grow in Your Walk with Christ*

---

Listen and read messages that will stir your heart for Christ and point you to deeper repentance and devotion.

- 50,000+ Sermons from speakers past and present
- 3,900+ Classic Christian Books freely readable online
- 1,200+ Bible Translations and Commentaries
- Over 450k forum posts — Join our vibrant online Christian forum

**[www.sermonindex.net](http://www.sermonindex.net)**