

# Prayer and Devotion

by E.M. Bounds

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*The sermon emphasizes the importance of devotion in prayer and worship, and how it is lacking in modern religion.*

**Scripture:** Psalm 42:1-2, Psalm 63:1, Isaiah 40:31, Matthew 15:8, Romans 12:1-2, Philippians 4:6-7, Colossians 3:23-24, 1 Thessalonians 5:17, Hebrews 10:22, James 5:16

**Topics:** "The Power of Prayer", "Devotion"

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## Description

E.M. Bounds emphasizes the profound connection between prayer and devotion, asserting that true devotion is a heartfelt commitment to God that fosters genuine worship and effective prayer. He critiques the modern church's tendency to engage in religious activities without true devotion, leading to a lifeless form of worship. Bounds illustrates that a devout spirit transforms all aspects of life, making even mundane tasks sacred and ensuring that prayer is fervent and meaningful. He warns against the dangers of busy activity that lacks spiritual depth, urging believers to cultivate a spirit of devotion that permeates their entire lives. Ultimately, Bounds calls for a return to heartfelt devotion as the foundation for authentic prayer and worship.

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## Transcript

DEVOTION has a religious signification. The root of devotion is to devote to a sacred use. So that devotion in its true sense has to do with religious worship. It stands intimately connected with true prayer. Devotion is the particular frame of mind found in one entirely devoted to God. It is the spirit of reverence, of awe, of godly fear. It is a state of heart which appears before God in prayer and worship. It is foreign to everything like lightness of spirit, and is opposed to levity and noise and bluster. Devotion dwells in the realm of quietness and is still before God. It is serious, thoughtful, meditative.

Devotion belongs to the inner life and lives in the closet, but also appears in the public services of the sanctuary. It is a part of the very spirit of true worship, and is of the nature of the spirit of prayer.

Devotion belongs to the devout man, whose thoughts and feelings are devoted to God. Such a man has a mind given up wholly to religion, and possesses a strong affection for God and an ardent love for his house. Cornelius was "a devout man, one that feared God with all his house, which gave much alms to the people, and prayed always." "Devout men carried Stephen to his burial." "One Ananias, a devout man, according to the law," was sent unto Saul when he was blind, to tell him what the Lord would have him do. God can wonderfully use such men, for devout men are his chosen agents in carrying forward his plans.

Prayer promotes the spirit of devotion, while devotion is favorable to the best praying. Devotion furthers prayer and helps to drive prayer home to the object which it seeks. Prayer thrives in the atmosphere of true devotion. It is easy to pray when in the spirit of devotion. The attitude of mind and the state of heart implied in devotion make prayer effectual in reaching the throne of grace. God dwells where the spirit of devotion resides. All the graces of the Spirit are nourished and grow well in the environment created by devotion. Indeed, these graces grow nowhere else but here. The absence of a devotional spirit means death to the graces born in a renewed heart. True worship finds congeniality in the atmosphere made by a spirit of devotion. While prayer is helpful to devotion, at the same time devotion reacts on prayer, and helps us to pray.

Devotion engages the heart in prayer. It is not an easy task for the lips to try to pray while the heart is absent from it. The charge which God at one time made against his ancient Israel was, that they honored him with their lips while their hearts were far from him.

The very essence of prayer is the spirit of devotion. Without devotion prayer is an empty form, a vain round of words. Sad to say, much of this kind of prayer prevails, today, in the church. This is a busy age, bustling and active, and this bustling spirit has invaded the church of God. Its religious performances are many. The church works at religion with the order, precision and force of real machinery. But too often it works with the heartlessness of the machine. There is much of the treadmill movement in our ceaseless round and routine of religious doings. We pray without praying. We sing without singing with the Spirit and the understanding. We have music without the praise of God being in it, or near it. We go to church by habit, and come home all too gladly when the benediction is pronounced. We read our accustomed chapter in the Bible, and feel quite relieved when the task is done. We say our prayers by rote, as a schoolboy recites his lesson, and are not sorry when the Amen is uttered.

Religion has to do with everything but our hearts. It engages our hands and feet, it takes hold of our voices, it lays its hands on our money, it affects even the postures of our bodies, but it does not take hold of our affections, our desires, our zeal, and make us serious, desperately in earnest, and cause us to be quiet and worshipful in the presence of God. Social affinities attract us to the house of God, not the spirit of the occasion. Church membership keeps us after a fashion decent in outward conduct and with some shadow of loyalty to our baptismal vows, but the heart is not in the thing. It remains cold, formal, and unimpressed amid all this outward performance, while we give ourselves over to self-congratulation that we are doing wonderfully well religiously.

Why all these sad defects in our piety? Why this modern perversion of the true nature of the religion of Jesus Christ? Why is the modern type of religion so much like a jewel-case with the precious jewels gone? Why so much of this handling religion with the hands, often not too clean or unsoiled, and so little of it felt in the heart and witnessed in the life?

The great lack of modern religion is the spirit of devotion. We hear sermons in the same spirit with which we listen to a lecture or hear a speech. We visit the house of God just as if it were a common place, on a level with the theater, the lecture-room or the forum. We look upon the minister of God not as the divinely-called man of God, but merely as a sort of public speaker, on a plane with the politician, the lawyer, or the average speech maker, or the lecturer. Oh, how the spirit of true and genuine devotion would radically change all this for the better! We handle sacred things just as if they were the things of the world. Even the sacrament of the Lord's Supper becomes a mere religious performance, no preparation for it beforehand, and no meditation and prayer afterward. Even the sacrament of Baptism has lost much

of its solemnity, and degenerated into a mere form, with nothing specially in it.

We need the spirit of devotion, not only to salt our secularities, but to make praying real prayers. We need to put the spirit of devotion into Monday's business as well as in Sunday's worship. We need the spirit of devotion, to recollect always the presence of God, to be always doing the will of God, to direct all things always to the glory of God.

The spirit of devotion puts God in all things. It puts God not merely in our praying and church-going, but in all the concerns of life. Whether, therefore, ye eat or drink, or whatsoever ye do, do all to the glory of God." The spirit of devotion makes the common things of earth sacred, and the little things great. With this spirit of devotion, we go to business on Monday directed by the very same influence, and inspired by the same influences by which we went to church on Sunday. The spirit of devotion makes a Sabbath out of Saturday, and transforms the shop and the office into a temple of God.

The spirit of devotion removes religion from being a thin veneer, and puts it into the very life and being of our souls. With it religion ceases to be doing a mere work, and becomes a heart, sending its rich blood through every artery and beating with the pulsations of vigorous and radiant life.

The spirit of devotion is not merely the aroma of religion, but the stalk and stem on which religion grows. It is the salt which penetrates and makes savory all religious acts. It is the sugar which sweetens duty, self-denial and sacrifice. It is the bright coloring which relieves the dullness of religious performances. It dispels frivolity and drives away all skin-deep forms of worship, and makes worship a serious and deep-seated service, impregnating body, soul and spirit with its heavenly infusion. Let us ask in all seriousness, has this highest angel of heaven, this heavenly spirit of devotion, this brightest and best angel of earth, left us? When the angel of devotion has gone, the angel of prayer has lost its wings, and it becomes a deformed and loveless thing.

The ardor of devotion is in prayer. In the fourth chapter of Revelation, verse eight, we read: "And they rest not day nor night, saying, Holy, Holy, Holy, Lord God Almighty, which was, and is, and is to come." The inspiration and center of their rapturous devotion is the holiness of God. That holiness of God claims their attention, inflames their devotion. There is nothing cold, nothing dull, nothing wearisome about them or their heavenly worship. "They rest not day nor night." What zeal! What unfainting ardor and ceaseless rapture! The ministry of prayer, if it be anything worthy of the name, is a ministry of ardor, a ministry of unwearied and intense longing after God and after his holiness.

The spirit of devotion pervades the saints in heaven and characterizes the worship of heaven's angelic intelligences. No devotionless creatures are in that heavenly world. God is there, and his very presence begets the spirit of reverence, of awe, and of real fear. If we would be partakers with them after death, we must first learn the spirit of devotion on earth before we get there.

These living creatures in their restless, tireless, attitude after God, and their rapt devotion to his holiness, are the perfect symbols and manifestations of true prayer and its ardor. Prayer must be aflame. Its ardor must consume. Prayer without fervor is as a sun without light or heat, or as a flower without beauty or fragrance. A soul devoted to God is a fervent soul, and prayer is the creature of that flame. He only can truly pray who is all aglow for holiness, for God, and for heaven.

Activity is not strength. Work is not zeal. Moving about is not devotion. Activity often is the unrecognized symptom of spiritual weakness. It may be hurtful to piety when made the substitute for real devotion in

worship, The colt is much more active than its mother, but she is the wheel-horse of the team, pulling the load without noise or bluster or show. The child is more active than the father, who may be bearing the rule and burdens of an empire on his heart and shoulders. Enthusiasm is more active than faith, though it cannot remove mountains nor call into action any of the omnipotent forces which faith can command.

A feeble, lively, showy religious activity may spring from many causes. There is much running around, much stirring about, much going here and there, in present-day church life, but sad to say, the spirit of genuine, heartfelt devotion is strangely lacking. If there be real spiritual life, a deep-toned activity will spring from it. But it is an activity springing from strength and not from weakness. It is an activity which has deep roots, many and strong.

In the nature of things, religion must show much of its growth above ground. Much will be seen and be evident to the eye. The flower and fruit of a holy life, abounding in good works, must be seen. It cannot be otherwise. But the surface growth must be based on a vigorous growth of unseen life and hidden roots. Deep down in the renewed nature must the roots of religion go which is seen on the outside. The external must have a deep internal groundwork. There must be much of the invisible and the underground growth, or else the life will be feeble and short-lived, and the external growth sickly and fruitless.

In the Book of Isaiah these words are written:

They that wait on the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk and not faint (40:31).

This is the genesis of the whole matter of activity and strength of the most energetic, exhaustless and untiring nature. All this is the result of waiting on God.

There may be much of activity induced by drill, created by enthusiasm, the product of the weakness of the flesh, the inspiration of volatile, short-lived forces. Activity is often at the expense of more solid, useful elements, and generally to the total neglect of prayer. To be too busy with God's work to commune with God, to be busy with doing church work without taking time to talk to God about his work, is the highway to backsliding, and many people have walked therein to the hurt of their immortal souls.

Notwithstanding great activity, great enthusiasm, and much hurrah for the work, the work and the activity will be but blindness without the cultivation and the maturity of the graces of prayer.

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