

There Is Healing in Your Tears

by David Wilkerson

God allows us to have our feelings, including pain and sorrow, and gives us time to process them, but ultimately, we must trust in his promises and Word for healing and joy.

Scripture: Psalm 30:5, Psalm 34:18, Psalm 42:5, Psalm 43:5, Isaiah 41:10, Matthew 5:4, John 16:33, Romans 8:28, 2 Corinthians 1:3-4, Revelation 21:4

Topics: "Trust in God", "Healing"

Description

David Wilkerson emphasizes that in times of deep sorrow and despair, it is natural to cry and express our pain, as there is healing power in our tears. He reassures that God understands our struggles and allows us to question Him, but ultimately calls us to trust in His promises. Mourning does not equate to a lack of faith; rather, it is a part of the healing process. Wilkerson encourages believers to turn to God's Word for comfort and strength, reminding them that their trials will pass and healing will come. The sermon highlights the importance of trusting God amidst confusion and doubt.

Transcript

Are you in a frightening place right now? Do you feel hopeless, empty, stripped to nothing? I say to you, your trial will pass but what does God expect of you now, in the midst of it?

Perhaps you are grieving, anguishing over a struggle that doesn't seem to end. You're bowed low, more discouraged than you have ever been. Your friends may tell you, "Don't cry and mourn. That's not showing faith." But the truth is, if you have faith, you are able to cry. You can't avoid your pain; in fact, there is healing power in your tears. Your mourning has nothing to do with whether you trust in God's Word.

At times, you may wonder, "Lord, what did I do wrong? Is this your judgment on me?" You may even feel like confronting him, crying, "Why did you let this happen?" I tell you, God gives you time for those questions. He allows your flesh to have its tantrums.

Finally, the Lord comes to you and says, "You've had a right to all your feelings, but you have no reason to accuse me or doubt me. I've given you a promise. Indeed, I've given you everything you need. You are to lay hold of that promise now. If you do, my Word will become life to you and bring healing that is greater than any medicine, more powerful than any river of tears."

Throughout the Bible, we find godly men and women who have gone through deep tremblings of soul and spirit. Over and over, the Psalmist asks, "Why are you cast down, O my soul?" (Psalm 42:5). Also in 43:6 and 11 and Psalm 43:5, we see a similar sentiment.

The Lord understands your times of confusion and doubt and he is waiting for you to look to him and trust him. "You've cried it all out and now I want you to trust me. Go back to my Word and I will see you through." Trust his promises and allow him to become the joy of your life.

Source: <https://sermonindex.net/speakers/david-wilkerson/there-is-healing-in-your-tears/>

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