

Audio ■ Attacking Our Fear

by Basilea Schlink

This sermon focuses on the presence and work of God in our lives today, providing comfort, power, and security. It addresses the common experience of fear that can challenge our faith and offers a solution through the practice of dedication, faith, and immediate prayer. By meditating on God's promises, living according to His commandments, and trusting in His provision, we can overcome fear and experience His help in times of trouble.

Scripture: Luke 21:26, Psalms 138:7, Psalms 62:1, Proverbs 3:5, Philippians 4:6, 1 John 4:18, Isaiah 41:10, Deuteronomy 31:6, Romans 8:31, Hebrews 13:6

Topics: "Overcoming Fear", "Trusting in God's Promises"

Description

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Transcript

God lives and works today. What a comfort and power and security this knowledge brings us. And yet, don't most of us know times when this knowledge seems to disintegrate, because we are gripped by an inexplicable fear? Where can we get help to overcome fear? The answer is in today's meditation by Basilea Schlink called, Attacking Our Fear.

Fear is the emotion of our times. Yes, it rules mankind as never before. Jesus' words from Luke 21 verse 26 are coming true.

The courage of many people will falter because of the fearful fate that they see coming upon the earth. Our number one problem is how to cope with our fear. I found a way to cope with my fears.

And perhaps it will comfort you to know that by nature I'm a very fearful person and have often had to suffer because of it. But God had a therapy for me. He showed me that conquering fear is a matter of practice.

It is the practice of dedication and faith and we have to begin practicing on time. But what do I mean by practicing on time? When I began to be afraid about the coming day, instead of waiting till tomorrow, I prayed to the Lord immediately, holding up His promises like a banknote. For example, I prayed the words

of Psalm 138 verse 7. Though I walk in the midst of trouble, you preserve my life.

Or the words of Psalm 62 verse 1. From Him comes my salvation. It's all a matter of practicing on time. Let us often look to our Father in Heaven in our prayers of faith.

Let us meditate on His promises for the difficult times that will come. Let us make every effort to live according to His commandments so that God can manifest Himself as our God. Then we will receive help in our anxiety and in the times of trouble we will experience what we have believed.

With no loophole for escape. O my Father, Thou dost lead me. From all danger Thou hast freed me.

Never left Thy child alone. Like a Father all-providing, Wisely and in love deciding How to turn my loss to gain. Yes, O Father, I can trust Thee.

Who dost help and deal so justly, Firmly planned with Thy sure aid. So I thank Thee now already For Thy promise sure and steady. I cannot fail to come to pass.

Arizona, 85028-4099 God bless you.

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